SWEET AND TANGY MUSHROOM OVER RICE

Sesame Shiitake

INGREDIENTS

8oz Palumbo Foods Shiitake Mushrooms

2tbsp Vetegable Oil 1tbsp Sesame Oil

2 Garlic Cloves (Minced)

3tbsp Brown Sugar

1/4Cup Soy Sauce

2tbsp Rice Vinegar

2tbsp Chili Garlic Sauce

1tsp Corn Starch

INSTRUCTIONS

- 1 Rinse the mushrooms and wipe them dry, remove the stems and cut the caps into thick slices
- 2 Heat vegetable oil in a large pan, cook the mushrooms for 5-7 minutes or until golden brown
- 3 Remove the mushrooms from the pan and set aside
- 4 Heat the sesame oil in the same saute pan. Add the garlic and saute for a further minute
- 5 Add the brown sugar and saute until it begins to caramelized
- 6 Add the tamari, rice wine vinegar, chili garlic sauce and cornstarch
- 7 Reduce the heat and allow the sauce to simmer until it thickens
- 8 Return the mushrooms to the pan and allow them to heat through

Serve with rice, garnished with chopped scallions and sesame seeds

SOURCE



Dinner